WHAT'S CLOSE CONTACT —

and what's next?

CLOSE CONTACT

Some examples of **close contact** with a person who has tested positive for COVID-19 include:

- being within six feet of them for a cumulative total of 15 minutes or more over a 24-hour period (*e.g. having lunch or being part of a gathering with them*);
- living with them;
- providing care for them; **or**
- having exposure to respiratory secretions (*e.g., being coughed or sneezed on, sharing a drinking glass or utensils, kissing*) from them.

situation

"I am **vaccinated** and **experiencing symptoms** that are consistent with COVID-19."

next steps

- **Self-isolate** in your dorm room or off-Grounds residence. Avoid contact with others, including housemates.
- **Call Student Health and Wellness** at (434) 924-5362 for further guidance, symptoms assessment, and potential testing.
- **Follow the instructions** of the local health department if they have been in contact with you.

situation

"I am **vaccinated** and have no symptoms, but was in close contact with a person with COVID-19."

next steps

- **Wear a mask indoors and distance yourself from others,** including housemates.
- **Make an appointment** at Student Health and Wellness for further guidance and potential testing.
- **Follow the instructions** of the local health department if they have been in contact with you.

situation

"I am *unvaccinated* and was in close contact wtih a person with COVID-19."

next steps

- **Self-isolate** in your dorm room or off Grounds-residence. Avoid contact with others, including housemates.
- **Call Student Health and Wellness** at (434) 924-5362 for further guidance, symptoms assessment, and potential testing.
- **Follow the instructions** of the local health department if they have been in contact with you.

Call 911 or go to the nearest emergency room if you are:
- Having trouble breathing
- Experiencing persistent pain or pressure in the chest
- Experiencing new confusion
- Having trouble waking up or staying awake
- Experiencing bluish lips or face
- Having any other symptoms that are severe/concerning

*COVID-19 information and protocol can change quickly. If you have any questions, please email covidinformation@virginia.edu or visit coronavirus.virginia.edu

Content Sources: *Virginia Department of Health, CDC*